



Health Check Program Report - World Heart Day

In recognition of **World Heart Day**, Abu Dhabi Indian School organized a comprehensive health checkup for staff members on **September 16th, 2025** from Life Line Hospital. This initiative aimed to promote cardiovascular health awareness and encourage staff members of ADIS to prioritize their wellbeing.

- Identify potential risk factors of cardiovascular disease.
- Encourage staff to adapt healthy lifestyle habits.
- To align with health standards - global initiative to reduce the cardiovascular disease related issues.

LLH hospital gave personalized guidance and recommendation. Referrals given based on the screening report. The screening program highlighted the importance of prioritizing health and well-being in the workplace, commitment to staff welfare and health promotion.

Health Check Details:

- Blood pressure check
- BMI
- Random Blood Sugar
- Total cholesterol level
- Physician consultation

Time: 10 a.m. to 2.30 p.m. at the school clinic

Total number of staff screened – 92

